

YOUR SPIRAL OF SUCCESS DREAMSHEET

Julie Ann Turner's

GENESIS *of* **GENIUS**

**FASTEST PATH
TO PROSPER**



STORY ARCS

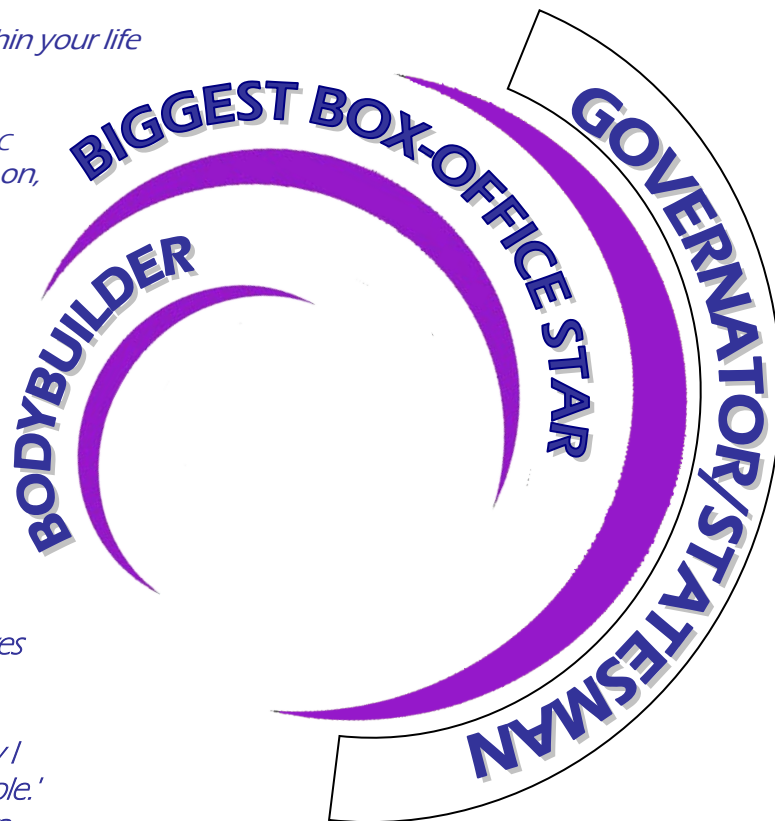
LIFE SPIRAL – Mastering the POWER ARC/CREATIVE GUIDANCE SYSTEM®:

Are you living your life to your full creative potential? A life expressing your Greatness? On the timeline of your life, is your path a series of ever rising ARCS OF CREATION, or a long, flat, uneventful line, broken only by occasional unconscious reactions to whatever floats randomly into your immediate view? You may live a life of Conscious Creation, where you determine your own life trajectory ...

Does each “STORY ARC” within your life carry you to a higher level of purpose, achievement and wisdom, with each ARC aligned with, and building on, the previous one, to form a resonant, resilient, remarkable SPIRAL of increasing imagination and realization of your dreams?

*From time to time
it's fun
to close our eyes,
and in that dark
say to ourselves,
'I am the sorcerer,
and when I open my eyes
I shall see a world
that I have created,
and for which I and only I
am completely responsible.'
Slowly then, eyelids open
like curtains lifting stage-center.
And sure enough,
there's our world,
just the way we've built it.*

Richard Bach,
The Bridge Across Forever



ARNOLD'S LIFE ARCS

Have you created your Life Journey – your Creative ARC and SPIRAL – as consciously as Arnold created his?

Now that you have seen how Arnold “shifted his ARC,” reflect on the LIFE ARCS in your life thus far ... (Worksheet next page).

We are all creators. *We have the power in every moment to choose to create our lives (in truth, we already are creating our lives, but often, not consciously or intentionally; all the choices we have made up to this point have generated the ARCS of our lives thus far.) Through our conscious application of the Creative Process, we may choose the direction and trajectory of our next LIFE ARCS, and create a magnificent life of full creative potential.*

ACTION SHEET # 2 - YOUR LIFE SPIRAL WORKSHEET (SHIFTING THE ARC)

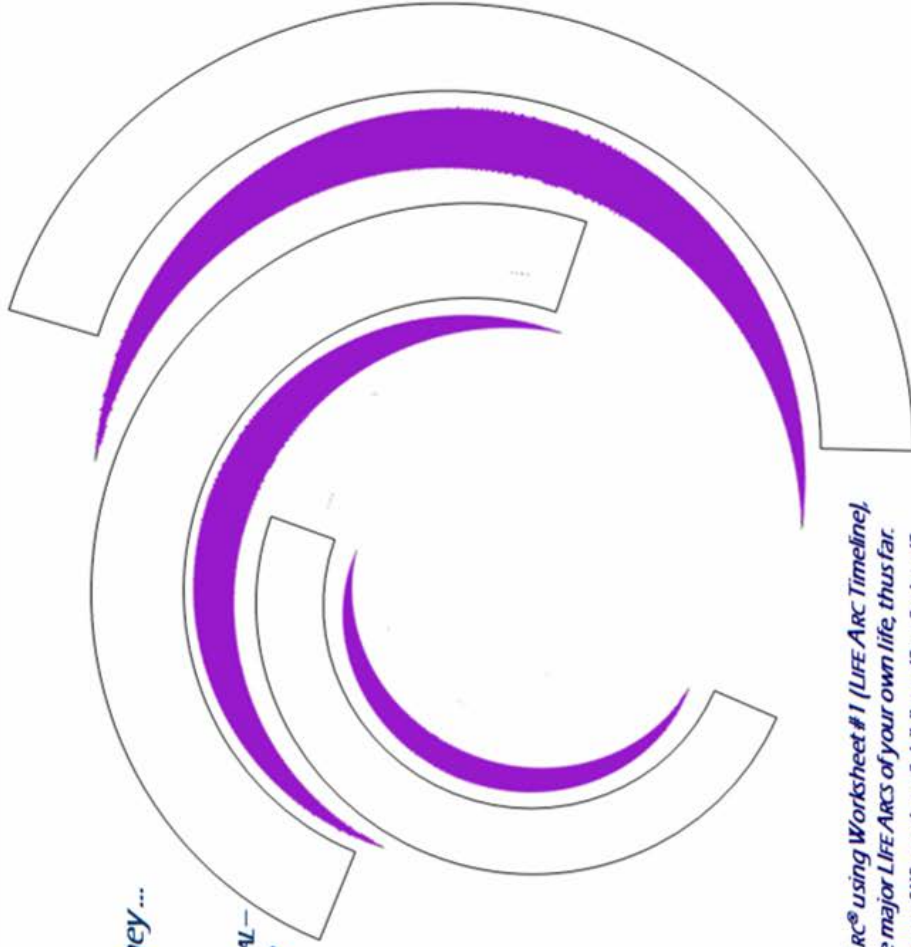


YOUR LIFE SPIRAL™ WORKSHEET

Most people can identify several "Arcs" in their Life's Journey ...

Has your Life Journey – your CREATIVE ARCS and LIFE SPIRAL – been as conscious as Arnold's?

Use this Template to sketch your initial ideas about the major "Arcs" of your life thus far ...



YOUR LIFE SPIRAL® Worksheet Instructions –

Now that you have created your initial CREATIVE ARC® using Worksheet # 1 (LIFE ARC Timeline), you may review your life timeline to identify the major LIFE ARCS of your own life, thus far.

Often, these may include ARCS for the earliest stages of life such as "childhood" or "school"

(in first, smallest ARC), and with later ARCS for significant "job" or "career" stages, "family" or "relationship" stages, or major "life contributions" or other "life experiences (in the medium and largest ARCS; note: if you need more ARCS to adequately capture your life's stages thus far, feel free to draw them in on the diagram, as needed). At this point, you may wish to fill in the ARCS using a pencil, so that you may revise your ARC titles as you wish, or as your reflections change.

This exercise will give you a unique overall view of your life thus far, and enable you to reflect on how conscious, or perhaps, how unconscious, the major ARCS of your life have unfolded thus far. Later in the GUIDE, you will discover how the CREATIVE GUIDANCE SYSTEM® will enable you to create your life more intentionally – to consciously "SHIFT THE ARC" to even higher levels of performance and potential – and we will see more examples of how other creators did this in their own lives.

© 2008 JULIE ANN TURNER & COMPANY. Copyright/Intellectual Property/Notice: The unique processes, concepts, explanations, material, tools, techniques, forms, frameworks, models and methodologies presented herein by Julie Ann Turner and JULIE ANN TURNER & COMPANY constitute Intellectual Property. These and all other Copyrighted Works and/or Trademarks of Julie Ann Turner and JULIE ANN TURNER & COMPANY are and are protected under the laws of the U.S. and other countries. This content may not be reproduced, appropriated, a trademark or in any way presented by others.