

FAST-FORWARD FEARBUSTER FORMULA

Julie Ann Turner's

GENESIS *of* **GENIUS**

**FASTEST PATH
TO PROSPER**

FAST-FORWARD FEARBUSTER FORMULA

Welcome to Your ★ GENESIS OF GENIUS FEARBUSTER FORMULA GUIDE ★

Banish fears forever with this powerful, proven - but profoundly simple – **3-PART GUIDE** to overcome obstacles (both inner & outer) and dissolve overwhelm instantly, any time you desire ... so you can **FINALLY** move forward with the clarity, ease and flow you know should inspire, energize and propel you on your path.

- Imagine immediately and deeply dissolving any fears, uncertainties, doubts and limiting beliefs that have held you back from sharing your genius and achieving your dreams. And to do it with a speed that will take your breath away!
- Imagine having the ability to jump-start your priority projects with clarity, energy and focus at your fingertips - even if you've been stuck for months or years!

In the past, fears, doubts and limiting beliefs may have **STALLED** you (for months, even years) or even stopped you just **ONE STEP SHORT** of your ultimate success. But all that ends now!

★ GENESIS OF GENIUS FEARBUSTER FORMULA - CORE QUESTIONS & EXPLORATION ACTIVITIES ★

ASK yourself:

- How does it **FEEL** when you are flowing in your **SIGNATURE GENIUS**?

Envision a time when you were naturally flowing in your full power, sharing your greatest gifts, talents, areas of experience & expertise - in the ways you uniquely shine in expressing those gifts - and people were resonating with what you were sharing? ...

What does that **LOOK LIKE**, **FEEL LIKE**, **SOUND LIKE** for you?

We'll come back to this central guiding question, as it is core to your transformation - and I want you to hold it in your heart and mind, and allow it to come to life for you – as you envision this new State of Being, *as if it were already true*.

PART ONE: ★ THE SACRED SHIFT ★

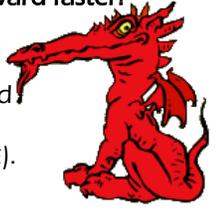
As we begin this **GENESIS OF GENIUS Course GENIUS-TO-PROFIT LAB Live Mentoring Session**, I'll be sharing a powerful "SACRED SHIFT" with you - which you may use *every time* you begin to create.

This SACRED SHIFT moves me from my _____ to my _____
and invites my _____ brain (creative, spatial, visual powers) to harmonize with my _____
brain (analytical, sequential, verbal powers).

How do you experience your energy shifting, as well?

PART TWO: ★ THE 7 SNEAKY SELF-SABOTEURS ★

There are 7 often-hidden Sneaky Self-Saboteurs that may be keeping you from flowing with your Signature Genius and soaring into your highest Vision, abundance and success – and they can steal your joy, block your abundance and keep you from sharing the unique gifts and shining the light you're here to bring to the world. **Let's get started calling these self-saboteurs out of hiding - so we can identify them, face them, and release them - and free you to flow forward faster!**



1 PROCRASTINATION Circle Impact You Currently Perceive : **Very Little 1 2 3 4 5 6 7 8 9 10 Very Much**

Jot down the 2-3 key times or situations when you tend to feel the "dragon" of procrastination rearing its head in your life and work ... the more aware of these patterns you are, the more you'll be able to recognize this self-saboteur, call it out - and banish it (with the formula we'll share in Part 3 of this FEARBUSTER FORMULA GUIDE). What does that LOOK LIKE, FEEL LIKE, SOUND LIKE for you? How might this be *servicing* (protecting) you?

2 PERFECTIONISM Circle Impact You Currently Perceive : **Very Little 1 2 3 4 5 6 7 8 9 10 Very Much**

Jot down the 2-3 key times or situations when you tend to feel the "dragon" of perfectionism rearing its head for you What does that LOOK LIKE, FEEL LIKE, SOUND LIKE for you? How might this be *servicing* (protecting) you?

3 DISTRACTION/BUSY-NESS Circle Impact You Currently Perceive : **Very Little 1 2 3 4 5 6 7 8 9 10 Very Much**

Jot down the 2-3 key times or situations when you tend to feel the "dragons" of overwhelm/stuckness/busy-ness rear their heads What does that LOOK LIKE, FEEL LIKE, SOUND LIKE for you? How might this be *servicing* (protecting) you?

4 FEAR OF SUCCESS Circle Impact You Currently Perceive : **Very Little 1 2 3 4 5 6 7 8 9 10 Very Much**

Jot down the 2-3 key times or situations when you tend to feel the "dragon" of fear of success rearing its head for you What does that LOOK LIKE, FEEL LIKE, SOUND LIKE for you? How might this be *servicing* (protecting) you?

5 FEAR OF FAILURE Circle Impact You Currently Perceive : **Very Little 1 2 3 4 5 6 7 8 9 10 Very Much**

Jot down the 2-3 key times or situations when you tend to feel the "dragon" of fear of failure rearing its head for you What does that LOOK LIKE, FEEL LIKE, SOUND LIKE for you? How might this be *servicing* (protecting) you?

6 OVERWHELM/STUCKNESS Circle Impact You Currently Perceive : **Very Little 1 2 3 4 5 6 7 8 9 10 Very Much**

Jot down the 2-3 key times or situations when you tend to feel the "dragons" of overwhelm/stuckness/busy-ness rear their heads What does that LOOK LIKE, FEEL LIKE, SOUND LIKE for you? How might this be *servicing* (protecting) you?

7 VOICES OF JUDGMENT Circle Impact You Currently Perceive : **Very Little 1 2 3 4 5 6 7 8 9 10 Very Much**

Jot down the 2-3 key times or situations when you tend to feel the "dragon" Voices of Judgment rear their heads (self-doubt, etc.) ... What does that LOOK LIKE, FEEL LIKE, SOUND LIKE for you? How might this be *servicing* (protecting) you?

● **Are You in the LOOP - or in the LEAP?** How will you recognize you're in the LOOP - & quickly shift into your LEAP?

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PART THREE: ★ THE ARC CLEARING ★



A 1 ACKNOWLEDGE

Acknowledge the EMOTION - * this is the opposite of what we often do, which is resist, deny or reject the Emotion (thus allowing it to "stay stuck" - along with its underlying Belief, its "roots") ... Identify and feel where the Emotion is in your body.

2 ASK

Ask "What is the limiting BELIEF behind this Emotion?" Your inner self will know - and answer ... be open and patient - the answer(s) will come ... Ask "What is the Lesson or Limit being expressed here?" Ask "How might this Belief be protecting me?" Call out the false Voices of Judgment - and write down what they are saying to you ("Who are you to ...?" "You're not good enough ..." , etc.)

* This is where you are "capturing your dragons" - so you can acknowledge them, and then send them on their way!

3 AFFIRM

Affirm the TRUTH of your Worthiness - your Divinity (that your gifts - and your desire to share them - come from Source; more in our Session about this). Explore the TRUTH of your Worthiness (evidence of previous successes, results & transformations you have had, & guided for others) around this limiting BELIEF ... you will find that you are *already worthy* in this area. Thank your dragons (Voices of Judgment, etc.) for their efforts to protect you - & then, in RELEASE, we'll let them go.

R

RELEASE

You will follow the "3 Welcomes" Sequence shared in your Bonus ConsciousSHIFT Audio with Hale Dvoskin > on iTunes: <http://itun.es/igQ6Wv>

C

CHOOSE

CHOOSE what you most desire in this area of BELIEF - "I prefer ... (clear, positive statement of what you are choosing instead of the previous limiting BELIEF). Tune in and check the level of your original EMOTION now - you will find it has significantly cleared during this process (and may no longer trigger negative EMOTION for you any longer; if there is still some negative energy remaining, take some time, and then follow this same ARC Clearing sequence again - each time you will uncover and clear deeper layers of EMOTION - and reclaim more energy to direct toward your dreams!

You will find using this ARC Clearing any time you encounter negative EMOTIONS to be extremely powerful in uncovering the underlying limiting BELIEFS (and releasing the dragons!) that are attempting to block your path to your dreams ... as you clear and reclaim this energy, you will find the Voices of Judgment diminish - and you'll find yourself flowing more freely and joyfully toward the BELIEFS and DREAMS you have chosen to claim as YOURS!